

## Administering Sunshine Factor, Booster or Releaves to Birds & Small Animals



## TOOTHPICK METHOD

Dosing Sunshine Factor, Booster or Releaves to small animals (<100 g), such as budgies, cockatiels, hamsters or small lizards, can be difficult to measure with a dropper or syringe. To make it easier and convenient, we suggest the "toothpick method."

1. Insert a nontoxic wooden toothpick into the bottle.

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- The amount that adheres to the toothpick (about 1 drop) is approximately what critters 100 g or under need each day.
- Wipe the toothpick on the animal's favorite small treat and feed normally.

Remember these supplements are whole foods and not medications or drugs; therefore, a precise measurement is not necessary. The animal's body will biochemically choose what it needs and safely pass the excess without risk of toxicosis; however, we do not recommend grossly overdosing.